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ABSTRACT

Any skin Disease like Eczema , Psoriasis, itching , allegric, Dermatitis, Pityriasis alba,Pityriasis rosea, Ache, Baldness, Dandruff, Scabies, Discolouration, Boils, Curbuncles, ulcers, lyst nodes, Urticaria, can be successfully cured through Homoeopathic treatment. The skin diseases are classified by WHO under as chapter12 code(L00-L99). The skin diseases are external manifestations of internal fundamental diseases like Psora , sycess, syphillis . For successful treatment of skin diseases the similimum must have the power to root out these Miasm. Study and through experience it is seen that sometimes intercurrent Medicine of indicated miasm gives better result with indicated remedy. Skin diseases is not a local disease except few injuries. But even a single lesion of eczema has the internal fundamental cause as general. Therefore to treat skin diseases the totality should be made through proper case taking , then indicated medicine will be choosen. The mental symptoms, eating cravings and thermal reactions also important for consideration. According to organon of medicine in supressed cases anti-psoric medicine should be given to clear the case picture. Dr.S.Hahenmann also advised the treatment of skin diseases should be ended with a anti-psoric medicine to prevent re-occurence. There are some cautions in treatment as following:-

1. Skin is a sensitive organ therefore aggravation occurs easily so minimum doses and initially the treatment must be started with 30 C. Then higher potencies will be prescribed.
2. Removing exciting and maintaining causes like dust,soap ,cloth,Allopathic ointments,cosmetics etc. Is also necessary.
3. What previous medicine homoeopathic ,allopathic ,ayurvedic the patient has taken must be kept in consideration.
4. Sweet and salt limitations in diet is also necessary.

KEYWORDS

Fundamental cause,intercurrent Medicine ,Psora,syphillis,exciting factors ,potency, organon of medicine.

CITING OF CASES

CASE-No.1

12/01/19
Mr. Singh 55/M O.P.D registration N.2712 Govt.Pt.J.L.N. Homeopathic Medical College Kanpur came to me for his skin C/O
Complaints -
1. Cracks of ears posteriorly
2. Itching & pain too much at cracks.
3. Discharge of serum sticky and bloody.
4. Chin and beard also have eczema and itching.
5. Diabetes. Duration of c/o 2 years.
P/H -has taken allopathic treat. but none of use. Eating desire-Salty and sweet both.


Sleep-no proper sleep, no sound sleep
12/01/19
Rx
1. Graphitis, 200, 3 dose only.
2. Sac Lac 200,7 days.

19/01/19
Crack healed,itching is very less. Oozing is very less.

Rx
1. Sac Lac 30 Tds for 15 days.

2/02/19
Only 5% cracks left on ears.
Chin and beard has no lesion and itching.

16/02/19
Rx
1. Graphitis 1 M,1 dose only. 2.Sac Lac 30, tds for 7 days
Patient is still under treatment.

CASE-No.2

A female name ABC 48/F 4081 9/01/19 O.P.D Govt. Pt.J.L.N. Homoeopathic Medical College Kanpur came to my O.P.D Having these complaints

C/O

Brown spots over the face.
80% of face have spots.
Menses-Irregular
Delayed mostly
Dysm
Clots black colour came Mentally-very weeping
anger ++
Does not like wrong things Thermal-chilly

Complexion-fair 19/01/19
1. Sepia 200, 1 dose only
2. Pulsatilla 30 TDSx 7 days

Very relief, 95% of spots vanished, 5%
left. Mentally patient is happy.

Rx
1. Sepia 200, 1 dose
2. Pulsatilla 30 TDS 7 days.

Patient is still under treatment.

MASTER CHART
(Patient observed Nov.18-Feb.19)

<table>
<thead>
<tr>
<th>S.NO</th>
<th>REGISTRATION</th>
<th>NAME</th>
<th>AGE/SEX</th>
<th>DISEASE</th>
<th>TREATMENT</th>
<th>RESULT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2712</td>
<td>S</td>
<td>55/M</td>
<td>EAR ECZEMA</td>
<td>GRAPHITIS 200, 1 D/SL TDS</td>
<td>VERY RELIEF</td>
</tr>
<tr>
<td>2</td>
<td>4081</td>
<td>U</td>
<td>48/F</td>
<td>FACE SPOTS</td>
<td>SEPIA 200, 1 D</td>
<td>PULSTILLA 30 TDS</td>
</tr>
<tr>
<td>3</td>
<td>10218</td>
<td>T</td>
<td>02/F</td>
<td>SCABIES</td>
<td>SULPHUR 200, 1D/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>4</td>
<td>8470</td>
<td>V</td>
<td>59/M</td>
<td>BOILS/ITCH</td>
<td>CALC. SULPH 200, 3 D/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>5</td>
<td>7107</td>
<td>R</td>
<td>60/M</td>
<td>ITCHING ON FACE</td>
<td>SULPHUR 30, 1 D/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>6</td>
<td>4791</td>
<td>L</td>
<td>07/M</td>
<td>PITYRIASIS</td>
<td>BACILLIUM 200, 1D/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>7</td>
<td>1977</td>
<td>D</td>
<td>22/M</td>
<td>ITCHY ERRUPTIONS</td>
<td>SULPH 200/1 D/RHUS TOX 30 TDS</td>
<td>V. RELIEF</td>
</tr>
<tr>
<td>8</td>
<td>0991</td>
<td>N</td>
<td>10/M</td>
<td>SCABIES</td>
<td>SULPH 30, 1D/RHUS TOX 30 BD</td>
<td>V. RELIEF</td>
</tr>
<tr>
<td>9</td>
<td>82733</td>
<td>R</td>
<td>25/M</td>
<td>ALOPECIA AREATA</td>
<td>PHOSPHORUS 200 1D/SL TDS</td>
<td>V.RELIEF</td>
</tr>
<tr>
<td>10</td>
<td>82747</td>
<td>R</td>
<td>70/M</td>
<td>ITCHING</td>
<td>SULPH 200/NUX VOMICA 30</td>
<td>RELIEF</td>
</tr>
<tr>
<td>11</td>
<td>1099</td>
<td>V</td>
<td>23/M</td>
<td>ALOPECIA</td>
<td>SULPH 200/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>12</td>
<td>2070</td>
<td>M</td>
<td>20/F</td>
<td>DANDRUFF</td>
<td>LYO 200, 1D/SL TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>13</td>
<td>2740</td>
<td>S</td>
<td>46/F</td>
<td>WARTS</td>
<td>SEPIA 30/SL TDS</td>
<td>STATUS QUO</td>
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<tr>
<td>14</td>
<td>56629</td>
<td>T</td>
<td>30/M</td>
<td>ITCHING</td>
<td>ASERIN 30 TDS</td>
<td>RELIEF</td>
</tr>
<tr>
<td>15</td>
<td>56627</td>
<td>S</td>
<td>29/M</td>
<td>ITCHING ECZEMA</td>
<td>ARSENIC 30 TDS</td>
<td>RELIEF</td>
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<tr>
<td>16</td>
<td>56552</td>
<td>P</td>
<td>18/M</td>
<td>ECZEMA</td>
<td>SULPH 200, 1D/SL TDS</td>
<td>RELIEF</td>
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<tr>
<td>17</td>
<td>65616</td>
<td>S</td>
<td>45/F</td>
<td>WARTS RED</td>
<td>SEPIA 200, 3D/SL TDS</td>
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<tr>
<td>18</td>
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<td>A</td>
<td>22/M</td>
<td>ITCHY</td>
<td>SULPH 30, 1D/ARS. 30 TDS</td>
<td>V.RELIEF</td>
</tr>
<tr>
<td>19</td>
<td>54268</td>
<td>M</td>
<td>18/M</td>
<td>ECZEMA,ITCH</td>
<td>GRAPH 200, 1D/SL TDS</td>
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<tr>
<td>20</td>
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<td>S</td>
<td>42/F</td>
<td>ITCHING GENERAL</td>
<td>SEPIA 30, 1D, TDS</td>
<td>STATUS QUO</td>
</tr>
</tbody>
</table>

NOTE:- For maintaining privacy, only first letter of the name of patients written & some of these above patients have taken treatment and some are under treatment.

RESULT-In above chart the 20 patients were observed for month NOV 18 to FEB 2019. 16 patients shown better results with Homeopathic Medicines and 04 patients don't show any relief, there conditions remained same. The majority of cases shown good responses to antipsoric medicines. So this proves Dr. Hahnemann Theory that skin diseases has psoric origin. Mostly above observation, the Medicines such as Sulphur, Arsenic album, Rhus Tox, Sepia, Bacillium, Graphite, Lycopodium, Phosphorus have given better responses.

CONCLUSION-
The above observation study shows that Homoeopathy is best treatment for skin diseases. The proper case taking, Totality of symptoms, The proper potencies and doses of anti-miasmatic drugs given better results in skin diseases. The Homoeopathy can successfully cure such skin maladies.

REFERENCES-